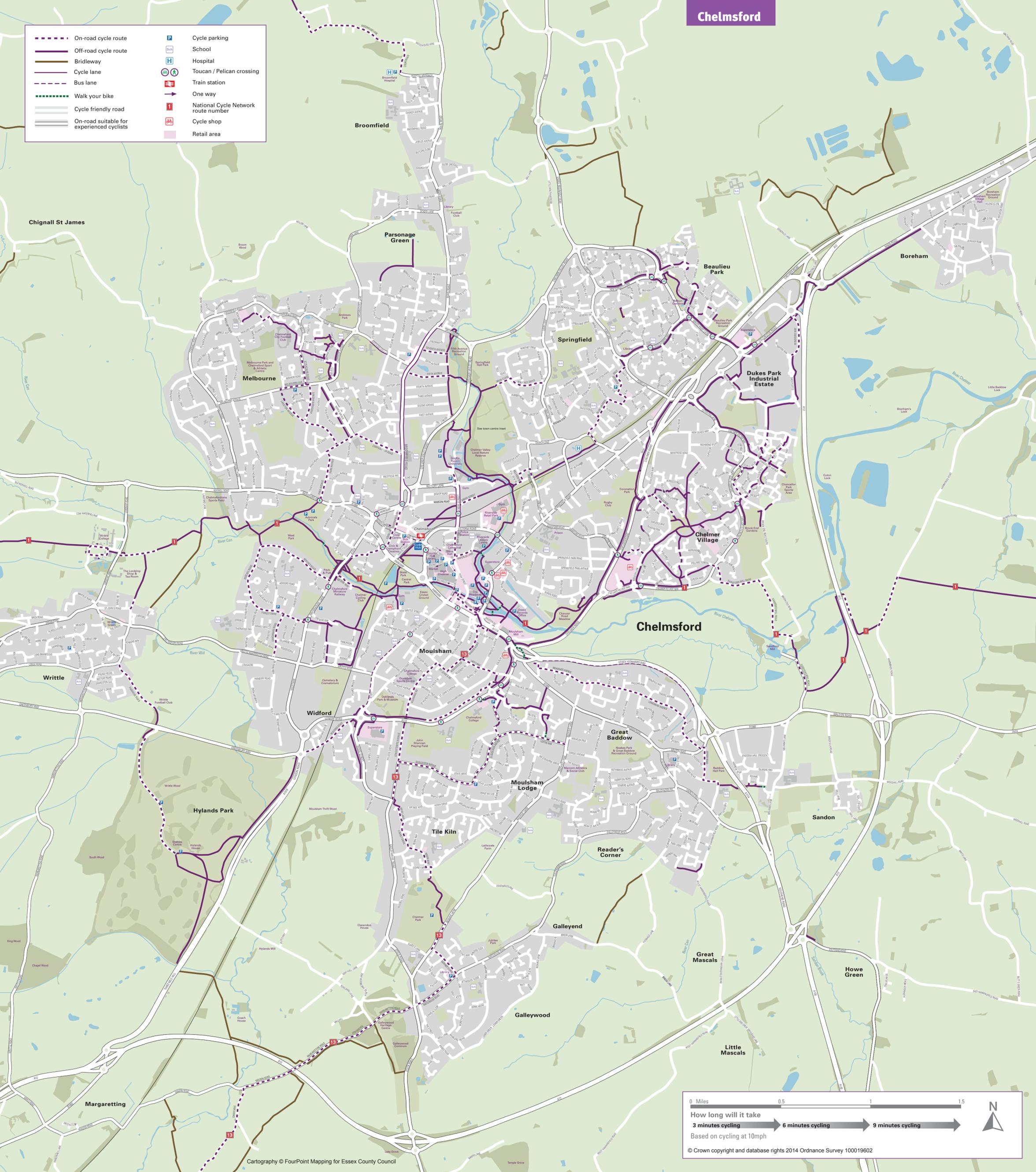


	On-road cycle route		Cycle parking
	Off-road cycle route		School
	Bridleway		Hospital
	Cycle lane		Toucan / Pelican crossing
	Bus lane		Train station
	Walk your bike		One way
	Cycle friendly road		National Cycle Network route number
	On-road suitable for experienced cyclists		Cycle shop
			Retail area



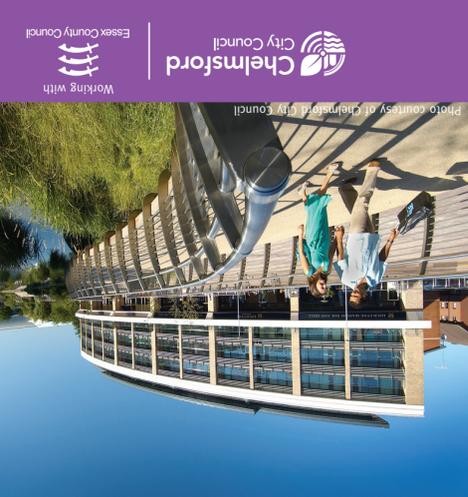
0 Miles 0.5 1 1.5

How long will it take

3 minutes cycling → 6 minutes cycling → 9 minutes cycling

Based on cycling at 10mph

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Chelmsford Cycling map

This information is issued by Essex County Council, Highways.

You can contact us in the following ways:

By email:
contact@essex.gov.uk

Visit our website:
essex.gov.uk/cycling

By telephone:
0845 603 7631

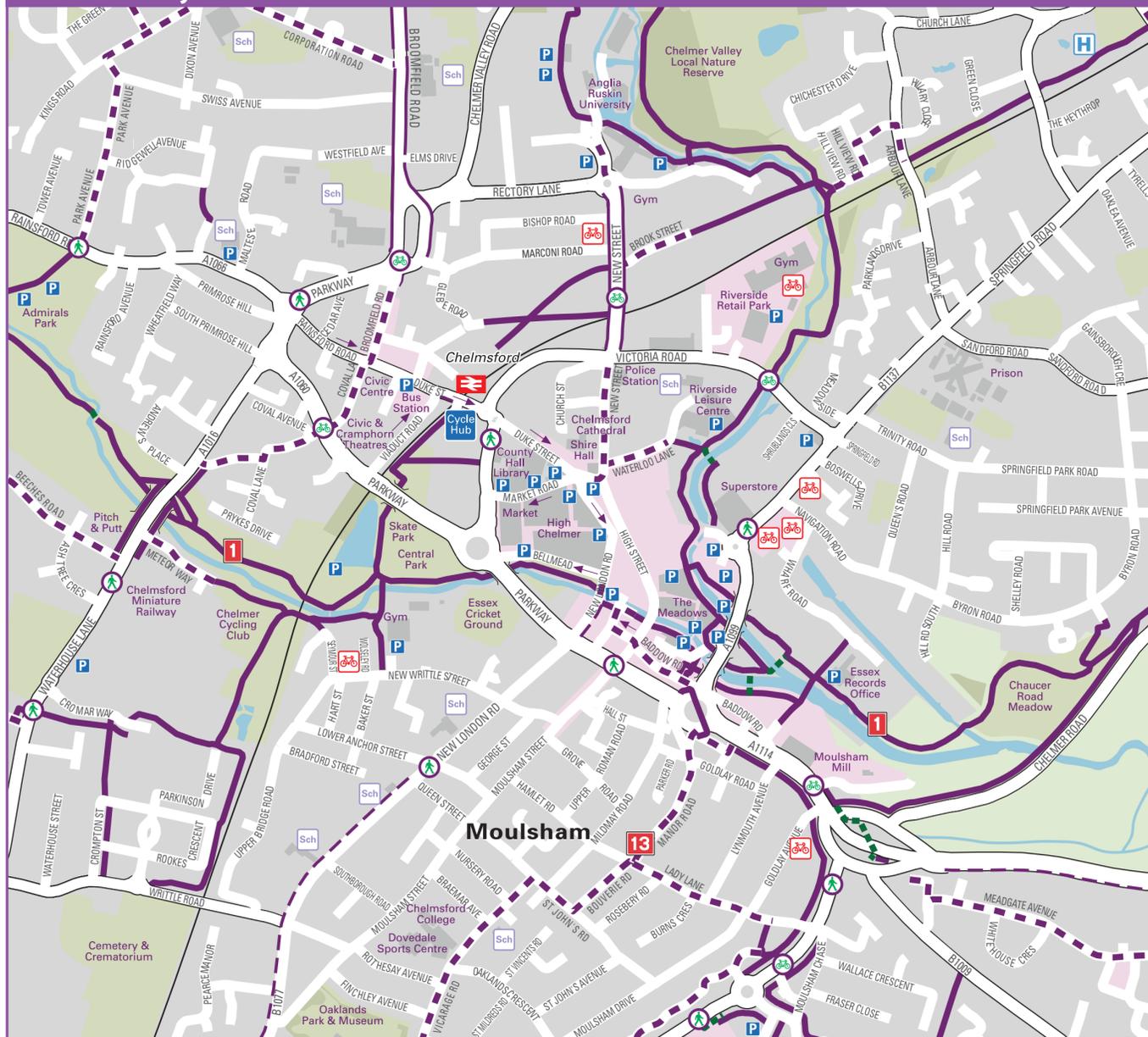
By post:
Essex County Council
Highways
County Hall
Chelmsford
Essex CM1 1QH

The information contained in this document can be translated, and / or made available in alternative formats, on request.

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Chelmsford city centre inset



Share the space

Whether you cycle on the road or on designated cycle paths you will have to share the space.

On shared off-road facilities please remember:

- Pedestrians are more vulnerable than a cyclist
- Keep an appropriate speed for the type of track you are using and the amount of other users – if you want to speed along please use the road
- Lights are still required at night – other users need to see you and you need to see where you're going



On the road:

- We all have an equal right to the road space whether on two wheels or four
- Be decisive and hold your line
- Cycling and cyclists benefit everybody by reducing congestion and maximising road capacity
- Jumping red lights and riding on pavements is not only illegal it is also dangerous and reinforces negative attitudes about cycling
- Advance stop lines and cycle lanes are for cyclists' safety
- As a driver, look out for cyclists and give them lots of room
- HGV and cyclists need to both take special care – don't filter up the inside of large vehicles; they may not see you



Why cycle?

It's good for your health:

Cycling can be easily incorporated into your daily routine and brings you and your family closer to recommended daily activity targets.

It's good for your wallet:

With the cost of fuel rising ever higher, think how much you'll save if you make some journeys by bike.

It's good for the environment:

Cycling is almost carbon neutral, so there's no need to worry about the impact your journeys are having on the environment.

It's good for the city:

Cycling helps to reduce congestion, one car space could provide parking for 5-10 bikes. Cyclists also tend to visit local shops more frequently than motorists, which helps to support the local economy.



Common signs

A few other signs you may see when out cycling, and what they mean...

- Cycle route
 - Shared route for pedestrians / cyclists
 - Segregated route for pedestrians / cyclists
 - Bus Lane (bicycles allowed)
 - No entry (including bicycles)
 - No cycling
- Always cycle safely and respect other road and path users.

Key

- On-road cycle route
- Off-road cycle route
- Bridleway
- Cycle lane
- Bus lane
- Walk your bike
- Cycle friendly road
- On-road suitable for experienced cyclists
- Cycle parking
- Sch School
- H Hospital
- Toucan crossing
- Pelican crossing
- Train station
- One way
- National Cycle Network route number
- Cycle shop
- Retail area



Be safe, be seen

Ensure you are visible to others. Wear fluorescent items in the daytime and reflective at night. The extra visibility given by these materials can give a driver those few extra seconds of 'reaction time'.

When cycling at night you must have a white front light, red back light and reflector – all in good working order. Apart from the safety risks, it is a legal offence to cycle at night without lights and reflectors.

Keep all lights and reflectors clean and clear of obstruction. You can also use spoke and pedal reflectors with most types of wheels and pedals.

Road position can also make a huge difference to your visibility whilst cycling, ride at least 1m from the kerb and consider taking the primary position (in the centre of the carriageway) at junctions and pinch points, especially in low light conditions.

Cycling times between major destinations

Numbers indicate: Miles Minutes (based on 10mph)	City Centre	Anglia Ruskin University	Boreham	Broomfield Hospital	Chelmer Village (centre)	Dukes Park Industrial Estate	Galleywood	Great Baddow	Hylands Park	Melbourne	Moulsham Lodge	Springfield	Widford Industrial Estate	Writtle
City Centre		0.5 3	4 24	3.2 19	1.8 11	2 12	2.8 17	1.7 10	2.4 14	1.6 10	1.5 9	2.1 13	1.6 10	2.5 15
Anglia Ruskin University	0.5 3		3.8 23	2.7 16	1.9 11	1.9 11	3.6 22	2.5 15	3.2 19	1.6 10	2 12	1.8 11	5.7 34	2.9 17
Boreham	4 24	3.8 23		5.6 34	2.5 15	2 12	6.2 37	5.2 31	6.7 40	5.3 32	4.6 28	2.1 13	5.4 32	6.4 38
Broomfield Hospital	3.2 19	2.7 16	5.6 34		4.1 25	3.9 23	6.3 38	5.2 31	5.9 35	2.7 16	5 30	3.4 20	3.7 22	5 30
Chelmer Village (centre)	1.8 11	1.9 11	2.5 15	4.1 25		0.5 3	3.9 23	2.9 17	4 24	2.9 17	2.3 14	1.8 11	3.2 19	4.6 28
Dukes Park Industrial Estate	2 12	1.9 11	2 12	3.9 23	0.5 3		4.4 26	3.4 20	4.5 27	3.4 20	2.8 17	0.9 5	3.7 22	4.8 29
Galleywood	2.8 17	3.6 22	6.2 37	6.3 38	3.9 23	4.4 26		1.9 11	3.2 19	4.7 28	1.6 10	5.1 31	2.8 17	3.8 23
Great Baddow	1.7 10	2.5 15	5.2 31	5.2 31	2.9 17	3.4 20	1.9 11		4.1 25	3.6 22	1.5 9	4.1 25	3.2 19	4.2 25
Hylands Park	2.4 14	3.2 19	6.7 40	5.9 35	4 24	4.5 27	3.2 19	4.1 25		3.7 22	2.6 16	4.8 29	1.2 7	1.4 8
Melbourne	1.6 10	1.6 10	5.3 32	2.7 16	2.9 17	3.4 20	4.7 28	3.6 22	3.7 22		3.4 20	2.8 17	2.5 15	2.6 16
Moulsham Lodge	1.5 9	2 12	4.6 28	5 30	2.3 14	2.8 17	1.6 10	1.5 9	2.6 16	3.4 20		3.6 22	1.7 10	1.6 10
Springfield	2.1 13	1.8 11	2.1 13	3.4 20	1.8 11	0.9 5	5.1 31	4.1 25	4.8 29	2.8 17	3.6 22		3.7 22	4.6 28
Widford Industrial Estate	1.6 10	5.7 34	5.4 32	3.7 22	3.2 19	3.7 22	2.8 17	3.2 19	1.2 7	2.5 15	1.7 10	3.7 22		1 6
Writtle	2.5 15	2.9 17	6.4 38	5 30	4.6 28	4.8 29	3.8 23	4.2 25	1.4 8	2.6 16	1.6 10	4.6 28	1 6	

Why not cycle to...

Chelmsford is England's newest city and is a great place to explore by bike, with over 30 miles of dedicated cycle routes and some great places to cycle to.

Central Park

At the heart of Chelmsford City Centre and criss-crossed with some of the best used cycle tracks in Essex. Central Park is a destination in its own right and a great way to get away from the hustle and bustle of city life. With plenty of open space, colourful planting schemes and a café from which to admire swans in the lake.

Chelmsford Museum

Tells the story of Chelmsford from the Ice Age to present day. With a variety of events and activities taking place throughout the year, there is something for all the family to enjoy, including the ever popular live beehive. At Sandford Mill the industrial heritage collection is on display and can be viewed at one of the regular open days. For more information visit www.chelmsford.gov.uk/museums

Writtle College

Established in 1893, Writtle College is one of the oldest and largest specialist colleges supporting careers focused on Business and the "Green Industries". The college is also available for private functions and offers accommodation throughout the summer months. For more information visit www.writtle.ac.uk

Cyclists' training

Cyclist Training is widely available throughout the county to cyclists of all ages and abilities.



Whilst it is offered to all primary schools in Essex for year 6 pupils either as part of the Essex Cyclist Training Scheme or the new National Standards 'Bikeability' Training, older children and adults can also take part as individuals.

Both schemes will provide training in real on-road situations with a hazard awareness approach.

If you are interested in finding out more about the training that is available please contact roadsafety@essex.gov.uk or telephone Essex County Council Road Safety Team on 0845 603 7631.

Hylands Park

A beautiful Grade II listed neo-classical villa, set in over 500 acres of parkland, including an ancient woodland, grassland, ponds, lakes, formal gardens and a very popular Adventure Castle play area to the north of the estate. Inside, rooms restored to their appearance during the Georgian and early Victorian periods may be viewed.



A full programme of events takes place in the House and adjacent Pleasure Gardens. Hylands Park is the perfect backdrop for the renowned 'V' concerts that have provided the best of contemporary rock and pop music live over one weekend in August each year since 1996.